Bio 135 Lab: Directional terminology and body systems.

**Self study** lab.
- This material is independent study for lab on the Leestown campus.
- These materials will be used as part of the first lecture exam as well as lab exams or quizzes.

- **Goals**
  - Learn directional and regional terminology for the body.
  - Learn the body cavities and what they contain
  - Learn the anatomical position.
  - Learn the areas of the abdomen and their relationship to one another

- **Related assignments:**
  - Watch the video that is linked in the lab website.
  - You are to learn all terminology outlined in chapter one of your textbook.
  - Materials on the website that go beyond that in your text are there for information purposes only.
  - Access virtual lab site and use the materials there to further clarify the terminology.
  - Complete the lab homework and return to your instructor at your next lab session.

**Summary:**
- Return the labeled image (homework) at the beginning of your next lab.
  - You are expected complete this activity independently.
- These materials may be quizzed on in subsequent labs, used as part of the first lab exam and the first lecture exam.

**Other activities associated with your first weeks lab.**

**Lab orientation**
- Go online and take your lab safety quiz
- Sign the lab orientation sheet.

**Next week’s lab:**

The use of the Microscope and mitosis. Watch the video on your lab website on how to use the microscope prior to coming to lab.

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